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Regional Advisory No. 19, s. 2020

February 21, 2020

RELEASED

This Advisory is issued for the information of SDOs concerned as regards the Career Executive Service Board Executive Leadership and Wellness Camp (Visit [deped10.com](http://deped10.com))

**2020 CAREER EXECUTIVE SERVICE BOARD LEADERSHIP AND WELLNESS CAMP**

Attached is the communication from **HIRO V. MASUDA**, CESO IV, Officer In-Charge, Office of the Executive Director dated February 12, 2020 regarding invitation to the **2020 Career Executive Service Board Leadership and Wellness Camp** at Bohol on April 21-24, and Batanes on April 26 to 29, 2020.

The matter is referred to your offices for your discretion in accordance with the existing policies of the Department.

For clarifications, please contact Ms. Lucre Villaluna at telephone numbers 632 8951-4981 locals 113 or 127 and email address: [pdd@cesboard.gov.ph](mailto:pdd@cesboard.gov.ph).

Immediate and wide dissemination of this Advisory is desired.

**DR. ARTURO B. BAYOCOT, CESO III**  
Regional Director

Admin/JET/annie  
Encl: as stated



Certificate Number: AJA18-0170

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Republic of the Philippines  
CAREER EXECUTIVE SERVICE BOARD

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12 February 2020

Dear **Career Executive Service Officers and Eligibles:**

Warm greetings from the Career Executive Service Board!

We are pleased to invite you to be part of the **2020 CES Executive Leadership and Wellness Camp**. There are two schedules to choose from: (1) **Bohol (21 to 24 April 2020)** or (2) **Batanes (26 to 29 April 2020)**. The wellness camp allows the busy executive to take a moment to pause, explore new ideas and experiences, and be revitalized. A refreshed spirit lends to a wellspring of creative and innovative ideas and a healthier, more compassionate self.

This year's wellness camp offering is dubbed "**Thrive**". The theme revolves around the idea of thriving or of moving past the status quo and of doing things on auto-pilot. Thriving is a transformational process for improving your physical, emotional, intellectual, spiritual and social state. Building on the basic components of well-being (nutrition, rest, exercise), the program highlights self-awareness and loving kindness, compassion and befriending practice.

A registration fee of **Fourteen Thousand Pesos (Php 14, 000)** shall be collected from each participant to cover four days and three nights (4D/3N) basic shared room accommodation, meals, training kit and certificates. The fee may be charged to agency funds since attendance in CESB trainings, workshops and conferences is exempted from the provisions of Administrative Order No. 103 dated 31 August 2004. Participation of government personnel in all official activities of the CESB is considered as official business per CESB Resolution No. 81.

Slots per camp are limited. Kindly accomplish the online form to register: <http://bit.ly/CESWellnessRegister>. Slot is confirmed upon receipt of payment. Payments may be in cash or in check payable to the Career Executive Service Board and shall be deposited in **CESB's Land Bank of the Philippines (LBP) Account Number: 0622-1022-34** (Commonwealth Ave., Quezon City branch). For inter-branch payments, please provide us a copy of the deposit slip indicating the name of the participant, agency, title and date of training program, and LBP branch where the payment has been made. Submit through telefax or to the email address below. Please note that cancellation of participation or non-appearance in the event will result in the forfeiture of the registration fee.

For clarifications, you may contact Ms. Lucre Villaluna of the CESB's Professional Development Division (PDD) at telephone numbers: +632 8951-4981 locals 113 or 127 and email address: [pdd@cesboard.gov.ph](mailto:pdd@cesboard.gov.ph).

May you be well, happy and filled with loving kindness!

Very truly yours,

**HIRO V. MASUDA, CESO IV**  
Officer-in-Charge, Office of the Executive Director