



Republic of the Philippines
Department of Education
 REGION X – NORTHERN MINDANAO

DepED-X
 Cagayan de Oro City

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Office of the Regional Director

November 20, 2020

REGIONAL MEMORANDUM

No. 448, s. 2020

**PARTICIPATION TO THE PSYCHOLOGICAL FIRST AID – PANDEMIC
 RELIEF ACTIVITY FOR REGIONAL OFFICE PERSONNEL**

To: Assistant Regional Director
 Schools Division Superintendent
Division of Cagayan de Oro City
Division of Misamis Oriental
 School Heads and Concerned Teachers
 All Others Concerned

1. Relative to the implementation of DepEd Order No. 14, s. 2020 (*Guidelines on the Required Health Standards in Basic Education Offices and Schools*) which emphasizes increasing both physical and mental resilience of teachers, learners, and DepEd personnel, the DepEd X regional office ensures that the mental well-being of all including its office personnel, will be reinforced amidst COVID-19 cases at work and in the community.

2. Hence, this Office invites the following resource personnel and teachers to attend and provide expertise in facilitating the conduct of **Psychological First Aid – Pandemic Relief Activity for Regional Office Personnel** at Pearlmont Hotel, Limketkai Drive, Cagayan de Oro City on December 9-11, from 8:00 a.m. to 5:00 p.m.

3. The participants are identified as follows:

Name of Participants	Designations	Stations
1. Ms. Marivic Labitad	School Principal	Indahag NHS
2. Mr. Manny Daleon	Master Teacher II	Talisayan NHS
3. Ms. Girlie Abejo	Teacher III	Matangad NHS
4. Ms. Liza Grissel Bajarla	Teacher III	DG Sabal NHS
5. Ms. Nancy Evangelio	Teacher II	Mantangale SHS
6. Mr. Israel Renan Baculio	Teacher I	Matangad NHS
7. Ms. Alfie Antiporta	Teacher I	Matangad NHS



4. Charged to the Disaster Risk Reduction and Management (DRRM) funds, food and accommodation will be provided, subject to the usual accounting and auditing rules and regulations.
5. For inquiries, all concerned may contact Ricardo G. Dragon, regional DRRM Coordinator, Education Support Services Division (ESSD), at (+63) 9265680095.
6. Immediate and wide dissemination of this Memorandum is desired.


DR. ARTURO B. BAYOCOT, CESO III
Regional Director *M*

ATCH.: None

To be indicated in the Perpetual index
under the following subject:

DRRM
Mental Health

* Psychological First Aid (PFA)

ESSD/chard